

Estonia Country Report – Alcohol Policy Profile

Infrastructure	
Written national policy on alcohol	No written national or sub-national policies
Coordinating centre for implementation of national policy on alcohol	No
Regular comprehensive report on alcohol situation	Yes
Role played by NGOs in prevention of underage drinking / targeted support for harmful and hazardous drinkers / prevention of drink-driving / public policy development to reduce alcohol-related harm	Low importance / low importance / no involvement / medium importance
Role played by alcohol retailers and HORECA businesses in prevention of underage drinking / targeted support for harmful and hazardous drinkers / prevention of drink-driving / public policy development to reduce alcohol-related harm	Low importance / low importance / no involvement / no involvement
Role played by academia and research organisations in prevention of underage drinking / targeted support for harmful and hazardous drinkers / prevention of drink-driving / public policy development to reduce alcohol-related harm	Low / medium / low / medium importance
Laws and regulations	
1. Nation-wide awareness raising activities	Yes, in the following areas: drink-driving, alcohol's impact on health, and others
Health warning labels legally required on alcohol advertisements / bottles and containers of alcoholic beverages	Yes / No
School-based education	Yes, legal obligation for alcohol prevention as part of school curriculum
2. Primary Health care response	
Brief intervention introduced as method of health promotion and disease prevention	Yes
Clinical guidelines for brief intervention approved or endorsed by at least one health care professional body	Yes

Regular training in screening and brief interventions introduced	Yes
Counselling to children in families with alcohol problems/ to pregnant women with alcohol use disorders or alcohol problems	No
3. Community action, including work places	
Community-based interventions/projects involving stakeholders	Yes, involving NGOs and local governmental bodies
National guidelines for implementing effective community-based interventions	No
Interventions/projects actively involving young people and civil society	Yes
Prevention or counselling programmes at workplace	No
National guidelines for prevention and counselling at workplace	No
4. Drink-driving policies and countermeasures	
Maximum legal blood alcohol concentration (BAC) when driving a vehicle for general population / young and novice drivers / professional and commercial drivers (in mg %)	0,02
Check points and breath testing	Random breath testing by special mobile patrol units, selective breath testing, breath testing at accidents and other enforcement measure(s)
Mandatory driver education / treatment programme for repeated/habitual offenders	No
Alcohol locks	No
5. Addressing the availability of alcohol	
Retail monopolies (National control for production and sale of alcohol)	No
License system (National control for production and sale of alcohol)	Yes, licencing for production, on- and off-premise sales of beer, wine, and spirits
Minimum legal drinking age	Yes at national level, 18 years
Legal age limits for on- and off-premise sales for beer / wine / spirits	18 years
Hours, days of sales and density of outlets are restricted for on-premise sales of beer / wine / spirits	No
Places of sales are restricted for on-premise sales of beer / wine / spirits	Yes
Hours of sales are restricted for off-premise sales of beer / wine / spirits	Yes

Days, places of sales and density of outlets are restricted for off-premise sales of beer / wine / spirits	No
Alcohol-free public environments	Total ban for health care establishments, and parks, streets etc. Partial statutory restriction for educational buildings, and public transport No restrictions for government office, sporting events, leisure events, workplaces and religious places
6. Addressing marketing of alcohol beverages	
Legally binding regulations on alcohol advertising	Yes, at the national level: - total ban on national TV and radio for beer / wine / spirits - partial statutory restrictions on private TV, local radio, printed newspapers/magazines, cinema for beer / wine / spirits - total ban for spirits on billboards - partial statutory restrictions for beer and wine on billboard
Legally binding regulations on alcohol product placement	Yes, at the national level: - no restrictions for beer / wine / spirits on national and private TV
Regulations on alcohol sponsorship and sales promotion	No restrictions - on industry sponsorships of sports and youth events; - on sales promotions from producer and from retailers, from owners of pubs/bar
7. Pricing policies	
Excise duty tax on beer / wine / spirits	Yes
Price measures other than taxation	No
8. Drinking environments	
Regular server training courses	No
9. Reducing the public health impact of illegally and informally produced alcohol	
Rules to prevent illegal production and sales of home- or informally produced alcoholic beverages	Yes, enforcement by criminal law, penalties: prison & fines and enforcement by other administrative measures

10. Monitoring and evaluation	
Regular comprehensive report on alcohol situation	Yes

Reference: WHO European Survey on Alcohol and Health, 2011